

# FISHHOUSE

*restaurant*

## GLUTEN FREE MENU - TO START

**SALT AND CHILLI SQUID** **£8.99**

With Chinese style pork belly

Molluscs, sesame, soya, mustard

**SEARED WEST COAST SCALLOPS** **£12.99**

Served with piccalilli puree, pea shoots and lemon rapeseed

Molluscs, milk, egg, mustard, nuts & fish

**GOATS CHEESE LABNEH (V)** **£7.99**

With olives, asparagus, baby tomatoes and pesto rapeseed

Milk, nuts, mustard & sesame

**LOCAL MUSSELS** **£9.50/ £12.99**

Cooked in a creamy white wine, garlic and soft herb broth

Molluscs, milk, sulphites, celery, egg, nuts, sesame and soya

**LOCAL SMOKED SALMON DUO** **£10.99**

Alba Seafood's smoked salmon served with dill and gherkin dressing

Fish, mustard, soya & sesame

**STICKY KOREAN STYLE COLEY FILLET** **£8.50**

Served with Kimchi cabbage and a soy, ginger and sesame dressing

Milk, fish & nuts

**CRAB AND CRAYFISH RILLETTE** **£9.99**

Delicate white crab and crayfish rillette served with gluten free oatcakes

Gluten, crustacean, egg, milk, mustard, nuts, soya & sesame

## The Caledonian Oyster Co Ltd

**THE CALEDONIAN OYSTER CO LTD IS A FAMILY BUSINESS,  
FARMING OYSTERS IN THE CLEAR WATERS OF LOCH CRERAN,  
JUST NORTH OF OBAN IN ARGYLL.**

**FRESH EVERY DAY**  
**EACH £2.10 or 6 FOR £12.50**

CHECK OUT TODAY'S SPECIALS  
FOR SOME HOT OYSTER DISHES

### DAILY BLACK BOARD SPECIALS

ALWAYS CHECK THE SPECIALS BOARD  
FOR OUR JUST LANDED SPECIALS

We usually have creel caught langoustine from "Gordon the prawn"  
(weather depending) and other freshly landed daily specials

A discretionary optional service charge of 10% will be added to you bill

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## GLUTEN FREE MENU - MAINS

### LOCAL SALMON FILLET £18.99

Served over pesto crushed potatoes with a smoked salmon cream sauce and green vegetables

Fish, milk, nuts & soya

### SEA BASS FILLETS £19.99

Stuffed with crab and crayfish and served with asparagus, lemon and hazelnut butter and skinny fries

Fish, crustacean, egg, milk, soya & mustard

### ISLE OF MULL SCALLOPS £23.99

Served with sunblaze tomato tapenade mash, pancetta beans and garlic butter

Molluscs, milk, egg, mustard, soya & fish

### TRIO OF LOCAL SALMON (SERVED COLD) £17.99

Alba cold and hot smoked salmon and poached fresh salmon served with crab mayonnaise and skinny fries

Fish, mustard, soya, crustacean, egg, nuts & sesame

### SURF AND TURF SALAD £19.99

Strips of juicy cajun rump steak, king prawns, squid and seared scallops served over a tossed baby spinach & new potato salad with crispy corn and honey mustard dressing

Molluscs, crustacean, mustard & sesame

### HAKE FILLET AND PRAWN THERMIDOR £18.99

Hake fillet and prawns baked in our own recipe Thermidor sauce with spring onion mash and tenderstem broccoli

Soya, fish, egg, mustard, crustacean & milk

### FISH AND FISHOUSE CHIPS £14.50

Angel cut haddock fillet crispy fried in our special gluten free batter served with chips, salad, lemon and tartar sauce

(Please note our frying oil may contain traces of flour product)

Eggs, fish, soya, mustard, milk

### HAM AND HADDIE £15.99

Thick sliced ham & smoked haddock served over creamy mash with spinach and smoked cheese and chive sauce

Eggs, fish, soya, mustard & milk

### SIRLOIN STEAK £24.99

28 day aged Angus sirloin steak cooked to your liking and served with skinny fries, peppercorn sauce and roasted tomato

Milk, soya & mustard

Add garlic king prawns *crustacean* £5.99

Add Isle of Mull scallops *mollusc* £9.99

# GLUTEN FREE MENU

## SIDES DISHES

<b>SUNBLAZE TOMATO TAPENADE MASH</b> Milk, soya & mustard	<b>£3.50</b>
<b>SKINNY FRIES</b> Soya	<b>£2.99</b>
<b>GREEN VEGETABLES</b> Milk	<b>£3.99</b>
<b>FISHOUSE CHIPS</b> Soya	<b>£2.99</b>
<b>POTATO AND TRUFFLE GRATIN</b> Egg & milk	<b>£3.50</b>
<b>TOSSED SALAD</b> Mustard & sesame	<b>£2.99</b>

## GLUTEN FREE SWEETS

<b>STICKY TOFFEE PUDDING</b> Very light, very delicious and very famous Milk, eggs, sulphites	<b>£5.99</b>
Add a scoop of vanilla ice cream for	<b>£1.00</b>
<b>VANILLA PANNA COTTA</b> Served with raspberry coulis, meringue kisses and blueberries Egg & milk	<b>£6.99</b>
<b>SELECTION OF DAIRY ICE CREAM</b> Choose from vanilla, choc chip, salted caramel or strawberry Milk	
<b>1 scoop</b>	<b>£1.80</b>
<b>3 scoops</b>	<b>£4.40</b>